

2021/22 SCHEDULE



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					INTRODUCTORY 12:30-1:00pm
White Belts/ 9yo & UNDER 4:30-5:00pm	INTRODUCTORY 4:30-5:00pm	White Belts/ 9yo & UNDER 4:30-5:00pm	INTRODUCTORY 4:30-5:00pm	INTRODUCTORY 4:30-5:00pm	OPEN PRACTICE 1:00-3:00pm
White Belts/ 10yo & OLDER 5:00-5:30pm	Blue Belts 5:00-5:45pm	White Belts/ 10yo & OLDER 5:00-5:30pm	Blue Belts 5:00-5:45pm	12yo & Under Sparring 5:00-5:45	
Orange Belts 5:30-6:00pm	Red Belts 5:45-6:30pm	Orange Belts 5:30-6:00pm	Red Belts 5:45-6:30pm	13yo & Older Sparring 5:45-6:30pm	
Gold Belts 6:00-6:30pm	Brown Belts 6:30-7:15pm	Gold Belts 6:00-6:30pm	Brown Belts 6:30-7:15pm	WEAPONS Bo (Staff) 6:30-7:15pm	
Green Belts 6:30-7:15pm	Adv. Brown Belts 7:15-8:00pm	Green Belts 6:30-7:15pm	Adv. Brown Belts 7:15-8:00pm	WEAPONS Sword 7:15-8:00pm	
Purple Belts 7:15-8:00pm	2nd Degree + BLACK BELTS 8:00-9:00pm	Purple Belts 7:15-8:00pm	2nd Degree + BLACK BELTS 8:00-9:00pm	TEAM CJR 8:00-9:00pm	
1st Degree BLACK BELTS 8:00-9:00pm		1st Degree BLACK BELTS 8:00-9:00pm			
ADULT CLASS 9:00-9:45pm		ADULT CLASS 9:00-9:45pm			

P#: 703.723.2525

Email: mrchris@cjrmartialarts.com

Website: www.cjrmartialarts.com